

## Reporting Child's Illness or Absence



In the event of an absence from school (whether on a remote day or in person day) please call **781-316-3298** or **email the safe arrival at [peircsafearrival@arlington.k12.ma.us](mailto:peircsafearrival@arlington.k12.ma.us)**. All children in the remote academy as well as the hybrid model are expected to report absences. The safe arrival email enables the school and the nurse to know that your child is safe and with you in the event the student is not logged on for a remote day or is not in school for in person instruction. This is especially important as we monitor the health in the building and the community this year. Please report specific signs and symptoms of illness for the nurse such as fever, vomiting or sore throat as well as if your child has been diagnosed with strep throat, influenza, covid, conjunctivitis as well as any other communicable illnesses or concerns in the list below. If you have a planned vacation or you know of an absence ahead of time, please feel free to email the office at an earlier date and the office will make note of the absence. If you are traveling, then please inform the school of specific states (if applicable) that you will be traveling to and please make note of the travel advisory put out by Governor Baker. In order to be consistent, please avoid verbally telling the teacher or office of your child's absence. The safe email will ensure that the office and teacher will both receive the message. **Please feel free to email the nurse directly if you would like the information to be confidential at [salmquist@arlington.k12.ma.us](mailto:salmquist@arlington.k12.ma.us)**.

### **Nurse/Safe Email to be notified of:**

**COVID19-** *please also email, Andrew Ahmadi*

**Student being quarantined due to exposure to COVID 19-** *please also email Andrew Ahmadi*

**Concussions**

**Broken Limbs (physician note required for PE restrictions)**

**Hospitalizations of any kind**

**Asthma Attacks**

**EpiPen administration**

**Seizures**

**Strep Throat**

**Conjunctivitis (pink eye)**

**Hand Foot and Mouth Disease**

**Influenza diagnosed by a physician**

**Chicken Pox**

**Pneumonia**

**Mononucleosis**

**Any new daily medications or medical diagnosis**

Courtesy of Christina Donofrio BSN, RN